

# OLIVE LEAF

## What is OLIVE LEAF?

Clinically, Olive Leaf extract has been used for a relatively short time. Health professionals first began using it early in 1995 when it first became available. Historically and traditionally, people have long used olive leaf for its medicinal properties in treating a wide range of disorders. The robust bitter substance is called oleuropein (oh-lee-or-oh-pin) and is the key healing agent. \*

## What are the benefits?

Olive leaf has been beneficial for conditions caused by or associated with a virus, retrovirus, bacterium or protozoan. Among such conditions are influenza, candida, common cold, meningitis, Epstein-Barr, encephalitis, herpes 1 and 2, human herpes virus 6 and 7, shingles, HIV/ARC/AIDS, chronic fatigue, hepatitis B, pneumonia, tuberculosis, gonorrhea, malaria, dengue, bacteremia, severe diarrhea, blood poisoning; dental, ear, urinary and surgical infections; treatment of fevers, digestive and diuretic effects; relief of low blood sugar and as a natural wide spectrum antibiotic. Research has found it to inhibit oxidation of LDL “bad” cholesterol involved in heart and arterial disease. Many people who lead stressful lives or who are particularly susceptible to colds and viruses may benefit from long-term use of Olive leaf. Olive leaf is currently being used with great success to help reduce high blood pressure and improve cardiovascular health and capillary integrity. Research indicates that doses higher than recommended are unlikely to produce toxic or other adverse side effects. \*

## Supplement recommendation:

Look for a product containing Spanish Andalusian Olive Leaf; a source that has been naturally extracted and grown or wild crafted without the use of chemical fertilizers, pesticides or preservatives; preferably in a vegetarian capsule. Be sure it is a standardized true spectrum herbal supplement without fillers, binders or common allergens.

- **Beneficial for conditions associated with virus growth\***
- **Contains many health enhancing properties\***
- **Effective against viruses, bacteria and protozoans\***
- **Inhibits oxidation of LDL “bad” cholesterol\***
- **Powerful antioxidant and immune supporting activity\***
- **A natural wide spectrum antibiotic\***
- **Helps reduce high blood pressure\***
- **Promotes cardiovascular health and capillary integrity\***

### Supporting Research:

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Petkov V, Manolov P, Pharmacological analysis of the iridoid oleuropein. *Drug Res.*, 1972; 22; 1476-86

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\* This information has not been evaluated by the FDA. It is not intended to diagnose, treat, cure or prevent any disease.