

CORDYCEPS

What is CORDYCEPS?

Cordyceps is a fungus, like mushrooms Reishi and Shiitake. It belongs to the rare Eumycota family which represents only 2% of all fungi found in the world. *Cordyceps sinensis* was first recognized as an anti-aging herb during China's Yin Dynasty around 1700 BC.

Research by the Chinese Medicine and Science Academy, after intensive and exhaustive studies, chose one particular species for production due to its fast growth, nutritional content, good adaptability to growing media and resistance to disease. Cultivation technology was implemented from true Cordyceps found growing wild in the remote mountain regions of Tibet called CS-4 or *Cordyceps mycelia*. Cordyceps consists of many active ingredients including: Cordyceps acid, cordycepin, glutamic acid, phenylalanine, proline, histidine, valine, oxyvaline, arginine alanine, d-mannitol and vitamin B12. *

What are the benefits?

Cordyceps is used as a rejuvenator, to increase energy levels and help people with hectic lifestyles. It is known to remedy weakness and fatigue and is also used to cure impotence. Cordyceps has been used by athletes to improve their speed and power. Chinese athletic coaches have used this supplement for years to win world championships. It has long been used in traditional Chinese medicine to provide energy, improve health and treat so many ailments that it has been classified as a "life extender." Cordyceps can be taken by both sexes. *

Supplement recommendation:

Look for a superior and clinically proven form of Cordyceps called CS-4 or *Cordyceps mycelia* produced in concentrated form known as Tibetan Cordyceps. Be sure it has been naturally grown or ethically wild crafted without the use of chemical fertilizers, pesticides or preservatives; preferably in a vegetarian capsule. Be sure it is a standardized true spectrum herbal supplement without fillers, binders or common allergens.

- **Strengthens the immune system***
- **Increases the production of SOD, an enzyme beneficial for fighting free radicals that cause rapid aging and disease***
- **Lowers bad cholesterol (LDL), triglycerides and raises good cholesterol (HDL)***
- **Increases blood supply to the heart and brain***
- **Relieves and improves the symptoms of respiratory illness, such as bronchitis, emphysema and asthma***
- **Promotes liver, kidney and spleen health***
- **Improves sexual function***
- **Improves energy levels, memory, appetite and restful sleep***
- **Used as an adjunct to diabetic and chemotherapy treatments***

Supporting Research:

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* This information has not been evaluated by the FDA. It is not intended to diagnose, treat, cure or prevent any disease.