

# DODDER SEED

## What is DODDER SEED?

The leafless Dodder plant is native to China and Japan. Also known as *Cuscuta japonica*, it is from the family Convolvulaceae. Dodder seed is one of the chief ingredients in the famous Ming Dynasty formula known as 'Seven Treasures'. Consisting of Dodder seed, Fo Ti, Lycium, Dong Quai, Poria, Achyranthes and Psoralea, this formula has been used for centuries as a superior anti-aging tonic to help rejuvenate the body and prolong life. Currently, it is available with the addition of Ligustrum fruit and Astragalus seed for increased energy to support today's stressful lifestyle. \*

## What are the benefits?

Dodder seed is considered to be a superior anti-aging herb and is used in vitality tonics to support the male reproductive system. It is widely used to improve vision, nourish the sperm and marrow, strengthen bones and sinews and to strengthen sexual functions. Its primary use is to tonify the kidneys. It is used to strengthen urogenital functions, treat impotence, premature ejaculation, frequent urination, leukorrhea, as well as ear ringing and aching lower back. People who suffer from kidney deficiency may experience symptoms of dizziness, blurred vision, spots in front of the eyes, fatigue, lack of libido, chronic lower back problems, premature whitening and/or loss of head hair, weak bones, lack of flexibility and ringing in the ears. This improved Seven Treasures formula, with the addition of Ligustrum fruit and Astragalus seed, is used to help nourish the back, knees, hair, skin, eyes, ears, teeth and bones while enhancing sexual vitality and promoting longevity. \*

## Supplement Recommendation:

For the most effective benefits, look for a standardized true spectrum extract containing all of these synergistic herbs. Be sure it has been naturally grown or ethically wild crafted without the use of chemical fertilizers, pesticides or preservatives; preferably in a vegetarian capsule without fillers, binders or common allergens.

- **Strengthens sexual functions\***
- **Improves vision and brightens eyes\***
- **Helps to increase fertility in both men and women\***
- **An aid to anti-aging and promotes longevity\***
- **Used to help tonify the kidneys\***
- **Nourishes back, knees, hair, skin, eyes, ears, teeth and bones\***
- **Helps prevent premature whitening and/or loss of hair\***
- **Treats lumbago\***
- **Helps treat impotence and premature ejaculation\***
- **Strengthens the prostate and helps decrease inflammation\***

### Supporting Research:

Bensky Dan, Gamble Andrew. *Chinese Herbal Medicine Materia Medica*; 1993; pgs 64, 142, 227, 329, 334, 340, 342, 345, 347, 349-350, 354, 362, 364, 366, 371, 388, 393-394, 452

Chin Wee Yeow, Keng Hsuan. *An Illustrated Dictionary of Chinese Medicinal Herbs*. CRC Press Publications; 1992

Fawley David O.M.D. *Ayurvedic Healing - A Comprehensive Guide*. Pgs 106, 193, 337; Morson Publishing; 1992

\* This information has not been evaluated by the FDA. It is not intended to diagnose, treat, cure or prevent any disease.