

COENZYME Q10

What is COENZYME Q10?

The nutrient Coenzyme Q10 (CoQ10) is a powerful antioxidant that is essential to cellular energy production and is found in every cell of the body. Because the body must have energy available to perform even the simplest operation, CoQ10 is essential for the body's cells, tissues and organs. Even though the body has the ability to produce this enzyme, deficiencies are reported in a high range of clinical conditions. *

What are the benefits?

Supplementation of CoQ10 helps one guard against a likely deficiency. Aging is one reason for a deficiency, since the liver loses its ability to synthesize CoQ10 as one grows older. Poor eating habits and unhealthy life styles, stress and infection also affect the body's ability to produce adequate amounts. Known results of using CoQ10 are increased energy, improvement of heart function, inhibition of gum and dental disorders, a balanced immune system and possible life extension through its powerful antioxidant and cardioprotectant properties. The greatest need for this enzyme is in the heart and liver, which accounts for its positive effects on cardiovascular disorders: angina pectoris, coronary disease, congestive heart failure, cardiomyopathy, hyperthyroidism failure, mitral valve prolapse and hypertension. CoQ10 may prove of benefit to those who are overweight because it improves the efficiency of energy production at the cellular level. It has also demonstrated excellent results in periodontal disorders by speeding up healing time, reducing gum pockets and improving other factors associated with gum disorders. *

Supplement recommendation:

For the most effective benefits look for a product that is naturally enhanced with a lipid soluble delivery system and a full spectrum tocotrienol complex. This enhances the bioavailability and the synergistic activity of CoQ10. Tocotrienols (from the vitamin E family) have 40-60 times more antioxidant protection than vitamin E. Be sure it is a supplement without fillers, binders or common allergens. Q-Veg, is a 100% natural lipid soluble enhanced absorption formula and among the finest products available.

- **Promotes healthy heart function***
- **Powerful antioxidant and immune supporter***
- **Helps increase oxygenation to the cells and heart***
- **Helps increase energy and enhances ATP for cellular energy production***
- **Improves factors associated with gum disorders***
- **Gives a boost to the immune system***
- **Improves efficiency of energy production at the cellular level to aid in weight loss***
- **May help speed up healing time associated with wounds and post surgery***
- **Highly effective for promoting healthy and radiant skin***
- **Antiaging and anticarcinogenic properties***

Supporting Research:

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* This information has not been evaluated by the FDA. It is not intended to diagnose, treat, cure or prevent any disease.