

ASTRAGALUS

What is ASTRAGALUS?

Astragalus is a root also known as Huang Qi. It contains a number of active ingredients, including: glycosides, isoflavones, choline, betaine, linoleic acid, linolenic acid, isoamnitine and kumatakenin. Astragalus is one of the most popular tonic herbs used in the Orient. It is a favorite of young adults as an energizer. Astragalus is famed as an energizer to the outside of the body, and is therefore beneficial to younger adults, who tend to be physically active. Astragalus can play a vital role in supporting the body's natural ability to maintain optimum resistance, vitality and well-being. *

What are the benefits?

Astragalus has been used for centuries to help build and strengthen the immune system, as well as increase the body's natural defenses against outside pathogens and seasonal change. Astragalus has been shown to strengthen resistance and enhance T-cell function. It helps to regulate fluid metabolism, and those who consume it regularly are said to rarely suffer from fluid retention and bloating. It is considered an excellent blood sugar balancer and is one of the primary herbs used in Chinese medicine for obesity. Astragalus increases the metabolism and strengthens the spleen's energy, therefore helping to burn fat. In an eight-year study at the National Cancer Institute and five other leading American Cancer Research Institutes, it has been positively shown to strengthen cancer patients' immune systems. It was found to promote adrenal cortical function, which is critically diminished in cancer patients. *

Supplement recommendation:

For the most effective benefits look for a product that has been naturally extracted and grown or wild crafted without the use of chemical fertilizers, pesticides or preservatives; preferably in a vegetarian capsule. Be sure it is a standardized true spectrum herbal supplement without fillers, binders or common allergens.

- **A powerful stimulate-free fat burner to increase metabolism and help burn fat***
- **Enhances T-cell function***
- **Builds resistance and helps the body's ability to adapt to change***
- **Builds and strengthens immune supporting activity***
- **Increases the body's natural defenses against outside pathogens and seasonal change***
- **Adjunct to chemotherapy and radiation therapy***
- **Increases resistance against colds and flus***
- **Daily tonic to support overall longevity, vitality and well-being***
- **An all-natural energizer for those who tend to be physically active***
- **Support for auto-immune disorders and imbalances***

Supporting Research:

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* This information has not been evaluated by the FDA. It is not intended to diagnose, treat, cure or prevent any disease.